



## Virtual School Newsletter: Spring 1<sup>st</sup> 2022

We hope you have had a restful Christmas break and managed to spend some quality time with your loved ones! Once again we start the term as busy as ever! This term we have a training focus on attachment and trauma, please see the information below and sign up if you haven't already! Jenny has worked with the Virtual School over a number of years so we hope you find her sessions insightful!

Once again, we have some new members to the Virtual School team! We welcome Alys, Secondary PEP Lead, and Rachael, Primary PEP Lead, to the team! Alys and Rachael will be your first points of contact in terms of PEPs and they will hopefully be meeting you all over the next couple of months! Can I take this opportunity to thank you all once again for your dedication and commitment to all our children and we will hopefully see you soon at the training event or DT network meeting, due to take place later this term.

Jo & Pete – Virtual School Head Teachers

## Virtual School Website

Just a reminder that all our Protocols, Guidance, Forms, PEP information and plenty of other useful resources can be found on the Virtual School Website by clicking <https://www.myvirtualschool.org/>

There are a number of different tabs with specialist information including the role of the designated teacher, children in care (and previously in care), Primary / Secondary, Post 16 links and an additional Early Years section that is currently being developed and will be available in the Autumn term.

## Virtual School staff

### Current staff structure of Halton Virtual School

- Joanne Lloyd – Interim Virtual Head / Primary Progress and PEP Coordinator
- Peter McPartland – Interim Virtual Head /Secondary Progress and PEP Coordinator
- Min Ling Lee-Tai – Education Support Worker
- Louisa Rees – Education Support Worker
- Gemma Donaldson – Early Years Support Worker
- Alys James – Secondary PEP Officer
- Rachael Williams – Primary PEP Officer
- Ian Wilson – KS4 and Post-16 Employability Officer
- Kelly Franklin – Post-16 Progress and PEP Coordinator
- David Bradshaw – PLAC Support Worker

Please do not hesitate to get in touch with the Virtual School if we can help in any way.

Tel: 0151 511 7391

Email: [virtual.school@halton.gov.uk](mailto:virtual.school@halton.gov.uk)

Twitter: @HaltonVirtual

# Training Update

For designated teachers in Halton some of this training is mandatory (please check your emails). For out of borough DTs, to book a place please email [virtual.school@halton.gov.uk](mailto:virtual.school@halton.gov.uk)

## Day One:

**Either** Monday 31st January **or** Wednesday 2nd February 2022

Venue: Online via Teams

Time: 09.30-15.00 (approx.)

Halton Virtual School is running a free 2-day training event for Designated Teachers. This training will be **mandatory** for all DTs working in Halton and will be presented by our guest speaker **Dr Jennifer Nock**. Jennifer is a chartered psychologist with over 25 years' experience of working alongside children, families and educators. Across the two days Jennifer will address ways of supporting children in care who may be experiencing attachment issues or developmental trauma, focusing upon areas such as the repair of early trauma, transition and anxiety, and how to recognise a trauma informed school.

To ensure that you get the most out of your training Jennifer has devised two different sessions for Day One. **Important** - you are advised to only choose **one** of the following days:

## Day One: Monday 31st January 2022

### Attachment and Trauma Demystified

#### This includes:

- ☐ The particular needs of CIC
- ☐ Attachment and trauma explained
- ☐ Key areas for change
- ☐ The Safe Base model in schools
- ☐ Developmental Vulnerabilities
- ☐ Transition and anxieties ( inc. Covid)

## Day One: Wednesday 2nd February 2022

### Next Steps in Attachment and Trauma

#### This includes:

- ☐ Repair of early trauma
- ☐ Addressing the body and emotions
- ☐ The problem of misdiagnosis
- ☐ Attachment style and learning
- ☐ Transition and anxieties ( inc. Covid)

#### Who is this for?

Designated Teachers who are new or fairly new to this role.

#### Who is this for?

Experienced Designated Teachers who have prior knowledge/training in A&T.

## Day Two: Developing Emotional Regulation in CYP who have Experienced Trauma

**Either** Thursday 17th March **or** Friday 18th March 2022

Venue: Online via Teams

Time: 09.30-15.00 (approx.)

On **Day 2** of the training Jennifer will focus upon Emotional Regulations in children and will further address the concept of Trauma Informed Practice in schools. **Important:** This training is repeated on two different dates. Therefore, you only need to select the date which is preferable to you.

#### Who is this for?

All Designated Teachers working alongside children in care.

#### This includes:

- ☐ Trauma-response play
- ☐ Multi-layered trauma
- ☐ The Neuro-sequential approach— the importance of sensory/somatic and emotional and behavioural regulation
- ☐ What does Trauma Informed Practice look like?
- ☐ Being prepared—the graduated approach

This training is **mandatory** for all DTs working in Halton Schools only. It is **free** to attend and supply cover for one Designated Teacher can also be funded. All places must be booked in advance by **Thursday 27th January**. A link for each of your chosen online sessions will be emailed to you nearer to the time of the event.

Please email your preferred dates to: **[louisa.rees@halton.gov.uk](mailto:louisa.rees@halton.gov.uk)**

For more information, general enquiries or to view an extensive range of resources, support and guidance, please visit [myvirtualschool.org](http://myvirtualschool.org)

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Email: [virtual.school@halton.gov.uk](mailto:virtual.school@halton.gov.uk)